

urban retreat

Opening Hours

Monday	Closed
Tuesday	09:30am - 20:00pm
Wednesday	09:30am - 21:00pm
Thursday	09:30am - 20:00pm
Friday	09:30am - 19:00pm
Saturday	09:30am - 17:00pm
Sunday	10:30am - 17:30pm

Call or Visit

Bookings: 01236 737 270 or
info@urbanretreatcumbernauld.co.uk

1 Carradale Crescent, Broadwood Business Park,
Cumbernauld, G68 9LE.

Gift vouchers, weddings & bespoke beauty
packages available.

All cancellations must be made with 24 hours notice where possible to
avoid charges.

In rare cases, prices may be subject to change. If this affects your
booking, we will notify you and offer you the option to amend or cancel

Treatment list

Massage

*Bespoke (FB) - 1hr & 10 min	£82
Bespoke - 40 min	£53
Bespoke - 30 min	£40
Ishga Salt Scrub (FB) - 1hr & 10 min	£82
Full Body - 1hr & 10 min	£82
Reflexology - 1hr & 10min	£82
Reflexology - 40 min	£53
Himalayan Stone (FB) - 1hr & 10 min	£82
Lymphatic Drainage - 1hr & 10 min	£82
Himalayan Stone (BNS) - 40 min	£53
Indian Head - 1hr & 10 min	£82
Indian Head - 40 min	£53
Deep Tissue (FB) - 1hr & 10 min	£82
Deep Tissue - 40 min	£53
Pregnancy (FB) - 1hr & 10 min	£82
Pregnancy (BNS) - 40 min	£53
Oncology (FB) - 1hr & 10 min	£82
Oncology - 40min	£53
Back Neck & Shoulder (BNS) - 40 min	£53
Salt Scrub Add On Back Only	30

*Bespoke means choosing your massage style with your therapist
at your appointment

FB means Full Body. BNS means Back, neck & shoulder only

Treatment list

SPA DAY PACKAGES £138

All our day spa packages include a welcome to the salon, your will receive a health shot. Chose from the options below, and you will have a full consultation with your therapist, a treatment of 1 hour and 30 mins, and an organic leaf tea to help you relax after your treatment.

Relax

- Juice shot.
- Aromatherapy back, neck & shoulder
- Dermalologica prescription facial (includes facial massage, scalp massage, hand & arm massage.
- Organic Leaf tea to reduce anxiety or peppermint tea to promote calming effect

Restore

- Juice shot.
- Full body Himalayan stone massage & Scalp massage
- Organic Leaf tea for balance & restore energy or nettle tea to restore & replenishment

Rejuvenate

- Juice shot.
- Full body ishga scrub and nourishing oil full body application for deep hydration.
- Organic Leaf tea to revitalise or lemon balm tea to refresh & revitalise

Recover

- Juice Shot.
- Choice of either full body CBD or Menopause massage followed by express ishga facial.
- Organic Leaf tea for anti inflammatory effects or tumeric tea to boost immune system

Some ingredients may be seasonal or subject to change without prior notice. Please ask your server on the day of your treatment

Treatment list

Facial

Prescription Facial allows your therapist to go over a thorough consultation and prescribe the correct products and treatment to treat your skin type.

Prescription Facial - 1 hour 10 min £83

Prescription Facial - 30 min £40

Advanced Facials

Microneedling - Face & Neck - 1hr & 10 min £104

Hands - 30 min £53

Jansson Advanced Facials

Cosmetic Peel - Face & Neck - 45 min £62

Decolletage Add On - 15 min £42

Deep Penetration Mask - 10 min £11

Urban Retreat Advanced Facials

Dermaplaning - Face - 45 min £52

HA Booster Add On - 5 min £8

Treatment list

Hair - Colour

Balayage	£135
Colour Correction	£129
Full Head Foils	£113
Half Head Foils	£103
T-Bar Foils	£92
Random Foils	£96
Full Head Colour	£93
Colour Regrowth	£92
Toner Add On - Short Hair	£16.50
Toner Add On - Long Hair	£18.50
Filler Plex Add On	£12
Conditioning Treatment	£12

Prices are "from" depending on length, treatment and time. For more confirmed price please book a free consultation appointment

Treatment list

Hair - Services

Keratin Blow Dry £108-164
(Price varies depending on length)

Perm (From) £90

Cut & Style Dry
Above Shoulder £44
Below Shoulder £48

Blow Dry
Above Shoulder £30
Below Shoulder £32

Bouncy Blow Dry £40
Hair Up £45
Pin Curls £32
Curls £29

Barber Cut £22
Fringe Cut £9
Pleats £25

Treatment list

Nails

BIAB Nails from	£44
BIAB Extensions from	£56
Gel nails from	£39
Polydip Nails from	£44
Ishga Luxury Manicure	£48
Ishga Luxury Pedicure	£48

Please chose your preferred nail service from the list and don't forget to chose your add on from the choices e.g.

Single colour polish,
2 colour polish
Basic Nail Art
French Polish,
Advanced Nail Art.

Please note additional items will be added to your treatment price if not on original booking. If you don't book all add-on's in some cases nail technician may have to refuse the full treatment depending on time. Cancellation charges will apply.

Treatment list

Eye Enhancements

EyeTouch Collection	£40
Brow Wax	£12
Brow Tint	£12
Lash Tint	£22
Hi-Brow	£30
Korean Lashlift	£64
Korean Lashlift & Brow Lam Combo	£88
Korean Lashlift Dual (2people)	£88
Brow Lamination	£40
Classic Lash Extensions	£55
Classic Lash Infill 2-3weeks	£37
Classic Lash Infill 3-4 weeks	£46
Hybrid Lashes	£62
Hybrid Lash Infill 2-3 weeks	£49
Hybrid Lash Infill 3-4weeks	£53
Russian Lashes	£75
Russian Lashes Infill 2-3weeks	£65
Russian Lashes Infill 3-4 weeks	£71
Eyelash Extensions Removal	£22

Treatment list

Waxing

Intimate Waxing

Bikini - Standard Strip	£20
Bikini - Hot	£23
Hollywood - Hot	£46
Playboy - Hot	£44
Brazilian - Hot	£40

Waxing Packages

Full Leg, Bikini & Underarm	£71
Half Leg, Bikini & Underarm	£62

Standard Waxing Options

Nose Wax	£11
Lip OR Chin Wax	£12
Lip & Chin Wax	£20
Underarm - Hot	£21
Underarm - Warm	£19
Half Leg	£31
Full Leg	£40
Full Arm	£37
Chest	£35
Back	£35

Treatment list

Spray Tan

12 Hour Tan	£28
Express Tan	£31
Clear Bridal Tan	£38
Spray Tan Thursday	£24
Add on - Extra Coat	£7

Make Up

Eyes Only	£33
Natural / Soft Glam	£38
Full Glam	£41
Make Up & Hair Up Packages	£78

Treatment list

Bridal Packages

Bridal Hair & Makeup Packages

Bride	£160
Bridesmaid	£138
Mother of the Bride	£138
Flower Girl (From)	£55

Bridal Makeup Packages

Bride	£77
Bridesmaid	£66
Mother of the Bride	£66
Flower Girl (From)	£33

Bridal Hair Packages

Bride	£88
Bridesmaid	£77
Mother of the Bride	£77
Flower Girl (From)	£33

Wedding Travel (+ Mileage Charge)

Mileage 0.45p per mile	£40
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